

## COVID-19 RULES FOR SQUASH & RACKETBALL

### Court bookings:

- To minimise the meeting of players entering and exiting the courts, one court will start on the hour and the other court on the half hour. This allows for the court to air for 20 minutes in-between play.
- Play can be for members only for the immediate future - no visitors are allowed.
- All courts must be booked in advance.
- We are opening the courts to coincide with the switch over to the new booking system, so you will be able to book courts from the morning of Saturday 8th August (apologies but this is the earliest that we could open the bookings due to the system change).
- If you want to practise on your own, you need to enter a “dummy” opponent, “Solo Player”.
- For 2 players, we need both names on the court booking so that all players names are recorded to comply with test and trace guidelines.
- When you first book you can just use one name while you find an opponent but **you will need to insert a second name at least 12 hours** before the court time. **If you don't do this, your court will be cancelled**, you will receive an email notification and you will incur 1 booking “no-show”.
- Any cancelled court will then become available to anyone to book.
- Booking restrictions will be as before i.e. you are only allowed to book 1 peak time (Monday to Thursday from 18.00-21.00) court in a 7 day period on court 1 until the court has been available for 7 days. You cannot book 2 consecutive court sessions on either court during peak times.
- During the booking process, you and your opponent will be asked to confirm that you have read and agree to following these guidelines.
- **You must “fob in” at the squash court building** otherwise the system will register a “no-show” and your booking rights will be disabled after 3 “no-shows”.

### Arrival at the club/courts:

- Please ensure you don't come to the club if you have any Covid-19 symptoms or you have been in contact with anyone who has been unwell with suspected or confirmed Covid-19 in the previous 14 days.
- There is a one-way system around the outside of the clubhouse with the entrance on the cricket club side and exit between the clubhouse and the tennis court adjacent to the car park.
- Please use the sanitising station near the clubhouse when you arrive.
- **Both players need to “fob in” at the squash court building** to activate the lights.
- Please ensure you change out of your outdoor shoes before entering the court.
- The toilet at the courts will not be in use but the disabled toilet in the clubhouse is available.

**On court:**

- Take all your gear onto court with you and place at the front of the court during play (separated from your opponent's gear).
- Ensure you bring your own water.
- Bring a towel/sweatbands and use regularly during play.
- Strictly no wiping of hands on the walls of the court.
- Bring your own ball and ensure that each player only touches their own ball.
- Please vacate the court after 40 minutes (the button for extra light time will be disabled) so that the court can be clear and aired for 20 minutes before the next players arrive.
- Fully competitive squash or racketball matches can only be played between two members of the same household - no doubles matches are permitted.
- Two players from different households can only play socially distanced games and practices (see the link below for England Squash guidance). There will also be a poster setting out ideas of games/practices outside the courts.

**After playing:**

- Please use the sanitiser/wipes provided to clean any sweat patches on the floor/the door handles, your hands and leave the court door open to air. Please be considerate of members playing after you by 100% observing this requirement.
- If you do develop any Covid-19 symptoms and test positive, you must alert the Squash & Racketball Chairman, Stephen Gibbs, immediately on 07710 121293.